

Join the hundreds of people who are  
singing their way to a happier work-life



# MIO

MUSIC IN OFFICES

Creating harmony at work

[musicinoffices.com](http://musicinoffices.com)

# Looking for a fun, unique way of engaging and energising your employees?

MIO offers musical solutions to common business problems. We work with some of the UK's leading companies using music as a way to help them connect, motivate and generally give their employees an extra spring in their step.

We bring music into the workplace by managing office choirs delivering instrument tuition and running bespoke music-led Development Workshops and events.



“ MIO has been one of the most impactful morale boosters I have experienced in 20 years with the firm. ”

**Ben Resch**  
Deloitte

“ If our experience at Channel 4 is anything to go by, our joining with Music in Offices has been the most socializing event since I joined the company in 1976! ”

**Jon Snow**  
Channel 4 Newsreader



**Tessa Marchington**  
Director and Founder of Music in Offices:

'Businesses are always looking to find new ways of engaging and motivating their people. MIO provides employees with an outlet in their working week, allowing them to regroup, recharge and refocus. Our work is designed to break down the barriers of the corporate world. It's about inclusiveness and connecting people. Our clients find that employees who are part of our programmes feel more motivated and committed to their work.'



# Employees not singing from the same hymn sheet?

Research has proven conclusively that music in the workplace helps people to work better together.

Playing music can enrich everyone's working life and benefit any kind of business. By learning a musical instrument or singing together in a choir at work, people build confidence, benefit from improved mental performance and wellbeing and form closer bonds with colleagues.

Our clients have experienced stronger internal collaboration and communication, improved productivity, better staff retention and enhanced brand profile.



“ The positive impact that music-making has on our business and its people is significant. Music in Offices has provided us with a highly motivating and valuable initiative which has boosted staff morale. ”

**Peter Martyr**  
CEO Norton Rose Fulbright

## Work with us and become a harmonious employer

We know in today's fast paced world it's difficult to take time out, especially at work, so we try to fit seamlessly around your working day.

We aim to deliver the very best at-work musical experience whilst creating minimum disruption.

We can provide music tuition and choir rehearsals from as early as 7:30am through to 8pm, so there's always time in the working day.

**Talk to us about how we can help your business become a harmonious employer**



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# Our repertoire

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## Choirs



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Singing is a wonderful inclusive experience. Our choirs bring people together, from the most junior to the most senior. When you sing together each voice is as important as the next. It's an extremely unifying experience - the ultimate team building activity.

If you like to perform, we run concerts and competitions throughout the year including our prestigious Office Choir of the Year (OCOTY) competition. Or if you just want to sing your heart out for an hour a week that's fine too!

## Tuition



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We offer weekly tuition for all levels of ability, for any instrument. Whether you're already an accomplished musician or an aspiring amateur, we tailor our tuition to meet individual needs.

We help people share their achievements too. Every end-of-term we hold informal concerts where students can perform to colleagues in a friendly environment.

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## Development Workshops



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Looking for a team building activity that receives more high-fives than eye rolls?

At MIO, we believe that music can be used as a powerful management tool.

We offer a range of bespoke music-based Development Workshops for our clients covering areas such as team building, leadership and health and well-being. Whether it's an away day, a Diversity week, a conference or a Leadership development programme, our workshops are guaranteed to engage and energise. We work with our clients to create workshops which achieve their specific goals and objectives.

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Get in contact or visit our website to find out more

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## Workshops

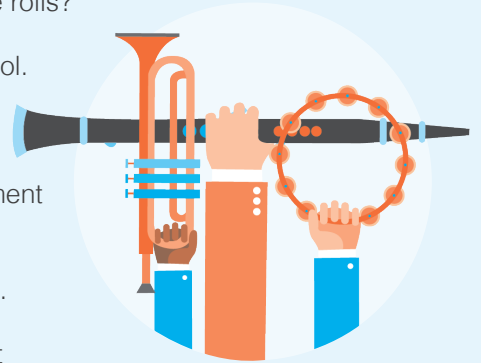
Looking for a team building activity that receives more high-fives than eye rolls?

At MIO, we believe that music can be used as a powerful management tool.

With the lines between work and home-life blurring more and more, the wellbeing of employees has never been more important. We offer a range of bespoke music-based team building and learning and development workshops for our clients which are guaranteed to engage and energise.

Our workshops cover health and wellbeing, team building and leadership.

We work with individual clients to create workshops to suit their needs but here is an example of what we can offer.



## Case study: Citi

### Problem:

The Citi Diversity Team were looking for a leadership team building event which made their people think differently and wasn't laden with the usual management jargon.

### MIO's solution:

We created the 'Lead like the great conductors' workshop which focused on inclusive leadership using the analogy of a conductor to help highlight the qualities of an effective leader.

The hour-long workshop covered topics such as the power of gesture in inducing responsiveness from team members and ensemble mentality where we explored how the structure of orchestras and choirs can be used as a way of understanding and leading your teams.

### Results:

We think the results speak for themselves. Here's what the team at Citi had to say:

**'THANK YOU for the session you delivered. Your energy and passion infected everyone in the room and the session is the most talked about of Diversity Week.'**

**'Thank you so much for engaging with (and listening to) my brief; the integrity of the session came down to the fact that you clearly know what you're talking about when it comes to business, and to leadership.'**

**'The workshop was a different way of approaching problems that are often dealt within the same corporate approach.'**

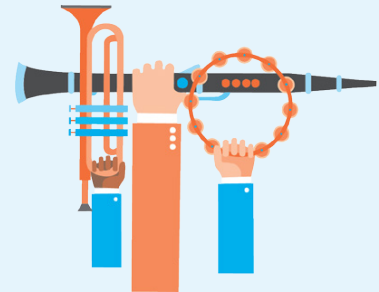
**'An exceptional session! Gets the leadership message through in a fun and energetic way.'**

# Do you want to improve staff retention and productivity? Have more effective leaders? How about a more engaged workforce?

Research has proven conclusively that bringing music into the workplace creates a more inclusive, diverse and unified workplace.

The skills and qualities needed to be a good musician and a good conductor are transferable to the office environment and offer a creative and unique approach to management and leadership.

By learning a musical instrument or singing together in a choir at work, people build confidence, benefit from improved mental performance and wellbeing and form closer bonds with colleagues.



Singing together releases endorphins which decrease stress levels ⇒ Happier employees  
⇒ [Better staff retention](#)

Singing in a choir helps to breakdown corporate barriers ⇒ Stronger internal collaboration and communication ⇒ [Improved productivity and higher levels of engagement](#)

Singing develops voice projection and tone ⇒ improved public speaking ability  
⇒ [More effective leaders](#)

Playing music at work provides a creative outlet for employees ⇒ Increased employee morale  
⇒ [More engaged employees](#)



“ The positive impact that music-making has on our business and its people is significant. Music in Offices has provided us with a highly motivating and valuable initiative which has boosted staff morale. ”

**Peter Martyr**  
CEO Norton Rose Fulbright

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Our clients love our flexible approach as well as our expertise and passion for employee engagement and development.

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Using music as a management tool is becoming popular. We help some of the UK's leading businesses to engage and develop their employees.

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Ashurst Baker McKenzie BLP BNP Paribas Channel 4  
Debenhams Deloitte Fremantle Hearst Magazines Holman  
Fenwick Willian HSF Irwin Mitchell Kingsley Napley The  
Lansdowne Club Lewisham Homes Linklaters Macquarie  
Macfarlanes MEC Global More2 Norton Rose Fulbright RPC  
Standard Chartered Stewarts Law The Daily Telegraph  
Trowers & Hamlins

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For further information and for business  
recommendations please contact:  
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Get in contact or visit our website to find out more

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